



Issue 4: 6th October 2023

#teamcarrmill

School Comms

- Phone — 01744 678223
- Email — carrmill@sthelens.org.uk
- School Website — carrmillprimary.co.uk

Check out
our website



Headteacher's News

Dear Parents/Carers,

MACMILLAN COFFEE

MORNING

Wow!!!! #teamcarrmill have raised an incredible **£443** for Macmillan Cancer Support.

We would like to say a huge thank you to everyone who baked, donated or bought cakes.

#TEAM
MACMILLAN

THANK
YOU

WE RAISED
£443

WE ARE
MACMILLAN
CANCER SUPPORT

#teamcarrmill

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HELLO YELLOW DAY

Thank you for your fantastic support on Monday. Our aim was to raise awareness for Young Minds and Mental Health, and we certainly did that!

Young Minds make an enormous difference to the lives of young people—thank you again for helping us raise awareness of such a vital cause.

DATES FOR YEAR 4 DIARIES!

There will be a Parent/carers information meeting about the upcoming Year 4 'Low Bank Ground' Residential on Tuesday 24th October - 3.15pm. A reminder that the residential itself takes place on the 13th to 15th November.



UPCOMING CELEBRATION MORNINGS!

We invite our families to come and join in with our celebration mornings. A great chance to see the children perform an assembly followed by time in the classroom with the children celebrating their work. Upcoming Celebration Mornings -

This Wednesday (11th October) - Class 3

Friday 20th October—Class 9

PARKING

Our children are working hard on the school value of RESPECT and the difference this can make in our community. Please model this to our children, especially when parking around the school area.

Parking Enforcement Officers have been informed of drivers parking dangerously around school and risking children's safety.

Thank you for your support, Andrew Maley



Carr Mill Cares

If you want any further information about these opportunities, please speak with the Pastoral Team .



thesleepcharity.org.uk

Does your child suffer with sleep issues?
Do you struggle with your child's bedtime?
Will your child not sleep in their own bed?

Help is at hand from The Sleep Charity and thanks to funding from St Helens Children's Commissioning.

Why not book on our Foundation Sleep Workshop?

Free training that provides you with knowledge around sleep, some of the common reasons for poor sleep and how you can help to improve sleep

To book, please contact brian@thesleepcharity.org.uk

Call our National Sleep Helpline - 03303 530 541

And speak to one of our friendly, trained sleep advisors who can offer some practical advice

Teen Sleep Hub - teensleephub.org.uk

If you're looking for support for a child aged 13 upwards, visit our dedicated website for young people packed with information for both you and them to read and watch!

The Sleep Charity website - thesleepcharity.org.uk

A useful resource with helpful information and support including advice sheets and leaflets

For more information on the local St Helens Sleep pathway and accessing support, or for any concerns you may have regarding your child's sleep patterns, then please contact your health visitor, school nurse, early help worker or children's centre.



Children's information support available here:
<https://thesleepcharity.org.uk/information-support/children/>

03303 530 541
Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am



thesleepcharity.org.uk

Sleep Charity Referral for St Helens Sleep Pathway

Your chance to work directly with our sleep practitioners who are here to help you and your child sleep better



Use the following QR code or link to book one of our 1-2-1 sleep clinic appointments, available via telephone or video calls

<https://ecv.microsoft.com/C3SgdvBYBj>

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Free training that provides you with knowledge around sleep, some of the common reasons for poor sleep and how you can help to improve your child's sleep

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We have been made aware that in some parts of the North West, children have been accessing a new WhatsApp group called

'ADD EVERYONE YOU KNOW'

There are over 1000 young people in this group and over 600 images have been shared, some of a sexual nature.

Please check your child's phone.

Compassion | Open | Trust

NHS
Wirral Community Health and Care
NHS Foundation Trust

School Nurse Drop In Session

Carr Mill Primary

Tuesday 10th October 9am – 10:30am

Do you have concerns about your child's health and wellbeing?

Need advice and support?

Drop In and see if we can help or signpost you on.



Don't miss this drop in session with our friendly school nursing team, who will be available to chat about any health concerns you may have about your child. They will be based in the Hub at the front of school from 9am.

#teamcarrmill

STRONGER TOGETHER



St Helens Early Help Programmes

Parenting programmes

Did you know that there is a wide range of supportive programmes you can access for help and support for your children?

These provide practical support and guidance for families and are a proactive step you can take to improve behaviour and routines at home if this is something you are concerned about.

Alternatively, we also offer our own positive programme for #teamcarmill families which can be accessed in person or online. Please speak to Mrs Doyle for more information.

Family first



Step-by-step behaviour secrets every parent should know

We offer evidenced based parenting programmes for parents/carers in the local area who would like helpful tips, guidance, and advice to overcome challenging behaviours, tantrums and anxiety whilst increasing the child's self confidence and self-esteem. Our groups are delivered during term times in January, April and September.

Triple P Stepping Stones

Duration: 9 week programme

Stepping Stones parenting programme is for parents and carers whose children have a disability. Group Stepping Stones is great if you are having significant problems with your child's behaviour, or you would like to learn parenting skills to help promote your child's development and potential.

Triple P Stepping stones is a 9-week programme delivered during term times and consists of 6 classroom-based sessions and two telephone calls. During the programme You will watch video clips of the parenting strategies which will show you how the ideas work in real life. You will also receive a workbook which will provide you with the tools and information you need to start positive parenting straight away at home, during which you will be given tips and suggestions to suit the needs of your family. Your Triple P facilitator will guide you every step of the way and even provide backup phone support as you put your new skills into practice

Triple P teens

Duration: 7-week programme

Your

teen's behaviour has become too much for you to handle. At home, there's probably a lot of shouting and very little agreement. Maybe you have given up trying to talk anymore and you are worried where this will all end?

If this sounds familiar, then Group Teen Triple P can help you and your teenager get back on track. From the start, you will be given tips and suggestions to suit the needs of your family.

Triple P teen group consists of 7 2 1/2-hour classroom-based sessions and You will see video clips from Every Parent's Guide to Teenagers which will show you how the ideas work in real life. You will receive a workbook which will give you the tools and information you need to start positive parenting straight away at home. Your Triple P Teen provider will guide you every step of the way and even provide backup telephone support as you put your new skills into practice

Invest in Play

Duration: 12-week programme

The Invest in Play: Six Bricks for children is centred around six research – proven steps that will help build a strong foundation for children.

Parents/carers will learn how to use play and positive attention to create a solid parent/carer and child relationship and confidence. Invest in Play is a 12-week programme for parents and carers of children aged 2 to 10 years. The programme consists of 12 2-hour sessions delivered weekly at a local centre or school during term times. The Invest in Play helps parents/carers learn positive ways of coaching and supporting their children's emotional, learning, and social skills using positive strategies introduced during the sessions. During the sessions you will see video clips which will show you how the ideas work in real life. The goal is to prevent and treat behavioural problems and promote children's emotional and academic competence. Parents and carers will receive an Invest in Play handbook with the information and strategies used in the

For further information To find out more about any of the programmes or for a referral form please contact the Parenting Team on 01744 673 420/674445

ATTENDANCE MATTERS



Well done to Classes 1 and 8 who earned a 'Kid's Choice' session due to having the highest attendance scores.



Attendance this week:

Nur	86.2
Rec	92.8
Class 1	97.5
Class 2	94.1
Class 3	96.8
Class 4	96.4
Class 5	96.1
Class 6	95.1
Class 7	85.5
Class 8	97.1
Class 9	96.6
Whole School	94.1

Very Impressive Pupil **VALUES** Awards (Carr Mill VIPs!)



This week we celebrate children who have shown a **great attitude towards SCIENCE**. Congratulations to all our VIPs and check out our 'VIP Awards' video on our Facebook.

Class	VIP	Very Impressive for...
Nursery	Penny B	For noticing Autumnal changes .
Rec.	River B	For having an in depth understanding of the body parts and their functions .
C1	Brody M	For being enthusiastic about our learning and for contributing some excellent ideas during our science sessions .
C2	Olivia J	For showing great interest during our Science Experiments .
C3	Arlo A	For using technical language when describing materials .
C4	Marcus S	For using his prior knowledge to make scientific connections in our lessons about the human body .
C5	Isaac B	For showing a good understanding of how to live a healthy lifestyle .
C6	Emma H	For being a super scientist, showing great knowledge of the body and how to keep it healthy .
C7	Joey V	For showing a real passion for our Science topic on planets and completing excellent work.
C8	Tommy M	For demonstrating an excellent understanding of our topic on Space .
C9	Alissa T-S	For demonstrating an excellent knowledge and understanding on the orbital period of planets in our Solar System .

