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| **S:\School Office\newest carr mill logo.jpgS:\School Office\newest carr mill logo.jpgPSHE Long Term Plan** | | | | | | | | | | | | | | | | |
| **Phase** | | **Autumn** | | | | | | **Spring** | | | | **Summer** | | | | |
|  | | **1** | | | **2** | | | **1** | | **2** | | **1** | | | | **2** |
| **KS1** | **A** | **Ready, respect, safe** | | | **Friendship Week** | | | **Relationships** | | | | **Healthy Lifestyles** | | | | |
| B | **Ready, respect, safe** | | | **Friendship Week** | | | **Science Unit: My Incredible Body ( inc PSHE Growing and changing/ Healthy Lifestyles** | | | | **Being me and Keeping safe** | | | **Money and Jobs** | |
| **LKS2** | **A** | **Ready, respect, safe** | | | **Friendship Week** | | | **Relationships** | | | | **Healthy lifestyles** | | | | |
| B | **Ready, respect, safe** | | **Science Keeping my body strong and healthy inc Physical health and fitness** | **Friendship Week** | | | **Keeping safe** | | | **Food chains and digestion**  Animals inc humans Y4  In Health and prevention- oral hygeine | | | **Aspirations and money** | | |
| **UKS2** | **A** | **Ready, respect, safe** | | | **Friendship Week** | | | **Relationships** | | | | **Y6 Optional Sex Education** | | | | |
| **Looking after me** | | | | **Being a responsible citizen** |
| B | **Ready, respect, safe** | | | **Friendship Week** | **The heart and how to keep it healthy**  Animals inc humans Y6 | | **Mental wellbeing** | | | | **Y6 Optional Sex Education**  **Money and Careers** | | | | |
| **Key** | | | **Health and well being** | | | | **Living in the wider world** | | **Relationships**  **Not covered by paths** | | | | **Money and careers** | | | |