



PSHE Long Term Plan



Phase		Autumn		Spring		Summer	
		1	2	1	2	1	2
KSI	A	<u>Ready, respect, safe</u>	<u>Friendship Week</u>	<u>Relationships</u>		<u>Healthy Lifestyles</u>	
	B	<u>Ready, respect, safe</u>	<u>Friendship Week</u>	<u>Science Unit: My Incredible Body (inc PSHE Growing and changing/ Healthy Lifestyles)</u>		<u>Being me and Keeping safe</u>	<u>Money and Jobs</u>
LKS2	A	<u>Ready, respect, safe</u>	<u>Friendship Week</u>	<u>Relationships</u>		<u>Healthy lifestyles</u>	
	B	<u>Ready, respect, safe</u>	<u>Friendship Week</u>	<u>Keeping safe</u>	<u>Food chains and digestion</u> Animals inc humans Y4 In Health and prevention- oral hygiene	<u>Aspirations and money</u>	
UKS2	A	<u>Ready, respect, safe</u>	<u>Friendship Week</u>	<u>Relationships</u>		<u>Y6 Optional Sex Education</u>	
	B	<u>Ready, respect, safe</u>	<u>Friendship Week</u>	<u>The heart and how to keep it healthy</u> Animals inc humans Y6	<u>Mental wellbeing</u>	<u>Looking after me</u>	<u>Being a responsible citizen</u>
Key		<u>Health and well being</u>	<u>Living in the wider world</u>	<u>Relationships</u> <u>Not covered by paths</u>		<u>Money and careers</u>	

